

Lawrence:

Cara Weeks Neuburger, ATR, LCPC Sunflower Art Therapy

Lawrence Creative Therapy Center

5040 Bob Billings Pkwy, Suite B

Lawrence KS 66049

785-424-7410

sunflowerarttherapy@gmail.com

www.sunflowerarttherapy.com

- Board Certified Art Therapist, Licensed Clinical Professional Counselor
- Art therapy for kids, teens, adults
- In-network with BCBS, KanCare/Kansas Medicaid, Sunflower Health Plan/Ambetter, United Health Care/Optum, Aetna, Cigna/Evernorth, Tricare, Medicare

Wendy Lynch, LCPC, ATR-P, LMAC Making Meaning Art Therapy

Lawrence Creative Therapy Center

5040 Bob Billings Pkwy, Suite B

Lawrence KS 66049

- Registered Art Therapist, Licensed Clinical Counselor, Licensed Addiction Counselor
- In network with BCBS, KanCare, United, Sunflower, Ambetter, Aetna Ks Medicaid plan
- wendylynch@makingmeaningarttherapy.com, 785-251-8354

Noel Kearns, ART-BC

Lawrence Creative Therapy Center

5040 Bob Billings Pkwy, Suite B

Lawrence KS 66049

- Board Certified Art Therapist
- Self-pay rates
- Telehealth and in-person
- Evenings and weekends available
- 816-704-0378, noelkearns50@gmail.com

Amber Reed, LPC, ATR-P

amberreedcounseling.com

Email: areed@amberreedcounseling.com

Call or text: 785-572-5481

- Art therapy and counseling
- Accepts some insurances
- Children, teens, adults

Dandelion Therapy LLC

Charlie Spear

2300 W 31st Street, Suite C2

Lawrence, KS 66047

785.521.3373

<https://www.dandeliontherapyllc.com/#about>

- Specializes in Synergetic Play Therapy

Lawrence Play Therapy- Counseling for Children and Families

Stacy Johnson, LCPC, RPT-S and other therapists

2300 W 31st Street, Suite C2

Lawrence, Kansas 66047

785-657-4099 (phone)

sjohnson@lawrenceplaytherapy.com

<https://www.lawrenceplaytherapy.com/>

- child/play therapist for ages 2 - 12, family therapy

Anne Drake, LSCSW, LCSW, RPT

- Counseling and Play therapy
- anne@annedrakelcsw.com
- 913-832-0187
- 5020 Bob Billings Parkway, Suite C1, Lawrence, KS 66049
- <https://www.annedrakelcsw.com/index.html>

Connections Child & Family Therapy

Marci Ramsay, LSCSW, RPT-S

Karla Flores-Hernandez, LMLP

<https://www.connectionsplaytherapy.com>

2500 W 6th Street, Suite F

Lawrence, KS 66049

785-330-5688

info@connectionsplaytherapy.com

- Individual therapy for children, attachment based family therapy, parenting support, psychological and mental health assessment.
- play therapies, Theraplay, and EMDR.
- Insurances accepted

Kristina White

Counselor, LCPC, RPT

719 Massachusetts St

Suite 112

Lawrence, KS 66044

(785) 347-6637

- Children, teens, adults
- Registered play therapist. Sand tray therapy

DaKie Washington

Integrative Therapy Services

Lawrence, KS 66044

(785) 302-9049

- children, adolescents, families, and adults. Cognitive Behavioral Therapy, Play Therapy, Narrative Therapy, Motivational Interviewing, and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

Jennifer Lee Welch:

<https://jenniferleewelch.net>

Ph (785) 760. 7259

Location: 512 E 9th St, Suite B

Lawrence, KS 66044

- Music Therapist, Hypnotherapist, Somatic Experiencing, gestalt therapy
- Self-pay rates

Justin Norton, LCP**Purposeful Directions LLC**

4thesightofthesun@gmail.com

(913) 585-5979

- Professional counselor that integrates nature therapies and other expressive processes.
- EMDR, CBT, ACT, Neurotherapy, MI, Gottman, mindfulness
- Adult individual therapy and couples

Sunflower Music Therapy**Sarah Niileksela, MT-BC**

Phone: 785-424-0706

Email: sarah@sunflowermusictherapy.com

www.sunflowermusictherapy.com

- Music therapy services and community music groups and classes
- Private music therapy sessions in-home or on-site

Harmonic Connections**Emily Bachert, MT-BC**

www.harmonic-connections.com

email: bachertemily@gmail.com

phone: 785-840-7409

- Music therapy and music lessons available
- Music therapy sessions are provided in the client's home or facility.

Solace And Sound Music Therapy

Melissa Gabel, MT-BC

<https://www.solaceandsoundmt.com/services>

melissa.gabel@solaceandsoundmt.com

Text/Call: (785) 251-0638

- Individual music therapy sessions
- DBT
- Community therapeutic drumming group

Rhythm and Sound Therapy**Giggi Pearson**

rhythmandsoundtherapy@gmail.com

• 785.813.1256

• Music therapy

• Children or Adults with behavioral or mental health needs

• <https://gpearsonmtbc.wixsite.com/rhythmsoundtherapy>

Divine Nature Therapy

<https://divinenaturetherapy.com>

shannon@divinenaturetherapy.com

- Nature based therapy, spirituality practices, yoga

(See the end of the list for other mental health resources in Lawrence KS)

Overland Park/Olathe areas:**Deanna Rand, ATR, LPC**

1310 Carondelet Drive

Kansas City, MO 64114

Contact:

Madison Avenue Psychological Associates-

816-587-4900 for the scheduling line, 816-753-3333

- Art Therapist, Professional Counselor, EMDR
- Ages: 18 yrs and older
- Insurance: in-network with Kancare/Medicaid (United Healthcare Community Plan, Sunflower, and Aetna Better Health), BCBS of KS, United Healthcare/UBH, Cigna, New Directions EAP. Self-pay fees

Sherri Jacobs, LCMFT, ATR**Heartland Art Therapy**

Interurban Arthouse

8001 Newton

Overland Park, KS 66204

(913)-485-2367

heartlandarttherapy@gmail.com

- Art Therapy, EMDR
- Individual therapy- adults or children
- Family or couples therapy
- out of network provider

Meredith Hodges**Livingston Counseling Center**

www.livingstoncounselingcenter.com

5400 College Blvd., Suite B

Overland Park KS

913-283-7704

- Art therapy, Addictions, Trauma
- Children, teens, adults
- In-network with Aetna, BCBS, Medicaid, Optum, UMR, United, Sunflower Health Plan

Shannon Waters Russell, LCPC, ATR-BC**Counseling and Heart-Centered Hypnotherapy**

913-390-3971

www.shannonwrussell.com

connect@shannonwrussell.com

8249 W 95th St, suite 108, Overland Park, KS 66212.

- Hypnotherapy , Art Therapy
- Works with all ages
- Insurances: Optum/United Healthcare, Cigna, GEHA, and a few EAPs

Kaley Wajcman, MA, ATR-BC

Creative Pathways, LLC
 9401 Indian Creek Parkway
 Building 40, Suite 510
 Overland Park, KS 66210
kaley@creativepathwayskc.com
 913-814-0714

- Art therapist
- All ages

Creative Resilience, LLC**Keslie Redel**

11100 Ash Street, Ste 105, Leawood, Kansas 66211,
 United States, (913) 735-3563
creativeresilienceks@gmail.com
www.createresilienceks.com

- Art therapy
- Counseling
- EMDR
- Play therapy

Laurel Brenner Guess**Brenner Guess Counseling Services**

6901 West 63rd Street Suite 216
 Overland Park, KS 66202
 E-mail: SoulHealingHeart@gmail.com
 Tel: (913) 226-8167 (texting is preferred)

- Art therapy, Counseling, EMDR
- Preteen-adults
- Aetna, Medicaid, Optum, Sunflower Health Plan, UnitedHealthcare

Art of the Matter, LLC**Amber Dalzell**

8826 Santa Fe Dr, Suite 311
 Overland Park, KS 66212
 (913) 732-0622
www.artofthematterllc.com
amber@artofthematterllc.com

- Art Therapy, Individual Therapy, Family therapy, Teens issues, EMDR
- Ages 6 through adult

Expressive Arts Therapy KC LLC**Julia Vering**

(913) 318-4318
expressiveartstherapykc@gmail.com
 2108 West 75th Street
 Suite E
 Prairie Village, KS 66208
 - expressive arts
 - In-network with some insurance

Kat Dison Nechlebova**Art Therapy & Integrative Counseling**

<https://www.katnechlebova.com/arttherapy-and-integrativecounseling>
 318 w 7th st Kansas City, Missouri

info@katnechlebova.com
 816-812-9747

Janice Mead, Art Therapist**Truman Behavioral Health, Futures Clinic**

<https://behavioralhealthkc.org/services/child-adolescent-outpatient-services>
 300 W. 19th Terrace, Kansas City 64108 Kansas City, Missouri
janice.mead@tmcmed.org
 816-404-5755

Play Therapy Center at MidAmerica Nazarene University, Olathe KS

<https://www.mnu.edu/resources/play-therapy-center>
 913-971-3733.

- MidAmerica Nazarene University offers play therapy services for children between the ages of 3 and 12 years old.
- Charges for these services are based on an income-based sliding scale.
- Our team of therapists are licensed mental health practitioners and/or Master's-level graduate students.
- Monday—Saturday between 8:30 a.m. and 8:30 p.m.

Topeka:**Valeo Behavioral Health Care****Expressive Therapies Program: Art Therapy and Music Therapy for Adults, Teens, and Children**

330 SW Oakley Ave.
 Topeka KS 66606
 Intake: 785-233-1730
 Expressive Therapies Manager: Amanda Griffin,
 785-783-7564

- Individual sessions or groups
- Insurance accepted
- Also may have some low cost art therapy or music therapy for the uninsured if they have art therapy or music therapy interns.

Family Service and Guidance Center

Community mental health center for children
 325 S.W. Frazier Ave.
 Topeka, KS 66606
 Telephone: 785.232.5005
 E-mail: fsgc@fsgctopeka.com
 FSGC has an art therapist on staff as a therapist. You would need to ask specifically to work with this art therapist if preferred.

Nyki Stump, LCSW, LCAC, ATR-P, ADHD-CCSP

Art Therapist, Licensed Clinical Social Worker, Addictions Counselor.
 Level Wellness
 2955 SW Wanamaker Dr, Suite B
 Topeka, KS 66614
 785-940-0939

nyki@leveltopeka.com
<https://leveltopeka.com/staff/nyki-stump-lscsw-lcac-atr-p-adhd-ccsp>

Pershall Psychotherapy, LLC

3601 SW 29th Street Suite 120

Topeka, KS 66614

(785) 914-5714

- Somatic Experiencing, Eye Movement Desensitization and Reprocessing (EMDR), and Theraplay, Cognitive Behavioral Therapy, Solution Focused Therapy, and Family Systems Theory. Children heal through play, puppets, art, and sand tray creations.
- Cost per Session: \$100 - \$150
- Insurances accepted

Manhattan:

Katherine Schwartz

Blue Opal Counseling and Art Therapy

Phone: (785) 789-3774

Email: katherine@blueopalcounseling.com

<https://blueopalcounseling.com/>

Address: 323 Poyntz Avenue, Ste. 203, Manhattan, KS 66502

- Licensed Clinical Professional Counselor in Kansas, Illinois, and Arizona (LPC), Registered and Board Certified Art Therapist, Art Therapy Clinical Supervisor, Registered Play Therapist Supervisor, and National Certified Counselor. Individual counseling, art therapy, sand tray therapy, and play therapy with children, adolescents, and adults.
- Insurances accepted

Other Lawrence Resources (not expressive therapy):

Crisis Resources:

24 hr crisis hotline- 785-841-2345 or the National Suicide Prevention Lifeline 800-273-8255 (TALK) or dial 988

- **Crisis Text Line by texting KANSAS to 741 741**
- **Bert Nash Community Mental Health Center- 24 hour phone line at 785-843-9192**

The Treatment & Recovery Center (TRC) of Douglas County

We offer:

medical detox and substance use treatment

crisis mental healthcare

rapid stabilization

LOCATION

1000 W. 2nd Street, Lawrence, Kansas, 66044

Urgent Care for the Mind

Walk in 24 / 7 / 365

No appointment necessary.

Walk-in crisis assessments available at Lawrence Memorial Hospital- ER.

Emergency Department

325 Maine St

Lawrence, KS 66044

785-505-5000

- You can meet with a behavioral health crisis clinician, gain referrals for resources, receive medical and mental health assessments, or gain help accessing mental health hospitals if needed.

Family Psychological Services

2601 W. 6th, Suites A and C

Lawrence KS 66049

(785) 371-1414

- BCBS, Cigna, BCBS of KC, ValueOptions, KanCare Plans, United Health Care, Aetna

Satori Counseling Services

1423 Haskell Avenue

Lawrence, KS 66044

staff@satoricounseling.com

(785) 246-9490

- Insurances accepted
- Teens through adults
- Individual sessions, Couples, Groups

Personalized Solutions

901 Kentucky, Ste 108

Lawrence, KS 66044

(785) 760-4233

- Danielle M. Rowley, LMSW, MHCL; Therapist
- Jesse J. Rowley, MSW, Managing Director
- Mental Health, Parenting and Family Therapy, Brainspotting, Children- Adults,
- All appointments through telehealth
- Self-pay rates or insurance

DBT Center of Lawrence

1311 Wakarusa Drive, Suite 2100

Lawrence, KS 66049

Phone: (785) 424-7770

info@dbtlawrence.com

- Teens and adults
- Groups and individual
- BCBS, Medicare, Medicaid

Lisa Potter, LSCSW

Ad Meliora LLC

719 Massachusetts St, Lawrence, KS

785.429.4029

<https://lisa-potter.clientsecure.me/#home>

-Anxiety, Depression, Trauma, Pregnancy, Prenatal, Postpartum, Women's Issues, Mindfulness-Based Cognitive Therapy (MBCT), Accelerated Resolution Therapy, Informed Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT)
- insurance accepted

Radical Heart Therapy**Teri Grunthaner**

<https://www.radical-hearts.com>

785-331-9132

719 Mass. St., Suite 123

Lawrence, KS 66044

teri@radical-hearts.com

- Self-pay
- Relational therapy focused on healing and reconciliation. Also a trained expressive therapist that integrates drama, movement, music, writing, poetry, dance, drawing, and more to facilitate healing, Mindfulness processes, Nonviolent Communication

Mind Body Healing Collective

2619 West 6th St, Suite C, Lawrence, KS 66049

10100 W. 87th Street Overland Park, KS 66212

(785) 615-1995, contact@mbhealingcollective.org

- Group psychotherapy practice
- Insurances accepted

Renew Counseling | The Anxiety Center

Office Building

1112 West 6th Street suite 212

Lawrence, KS 66044

E-mail: info@anxietycenterkc.com

Phone: (913) 768-6606 | Fax: (913) 768-6609

Many other individual therapists can be found on www.psychologytoday.com or by doing a google search for counselors or psychotherapy in your area.